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GENERAL EMERGENCY NUMBERS

General

General Emergency – 066 from land phone or 113 from cellular phone

Green Angel Roadside Assistance - 983-1184

JAPAY (Water) - 930-3450

CFE (Electricity) – 071

Telmex (Phone) - 01-800-123-0000

Merida Fire Department- 924-9242 or 923-2971

Merida Police Department - 942-0060

Hospitals

CEM Hospital - Calle 60 and Ave. Colon, (near Hyatt Hotel) (emergency room and small Hospital)

Clinica de Mérida (Hospital)- Ave. Itzaes, (near the Donde circle) 942-1800 (they have their own ambulance service, Emergency room and Hospital)

CMA - Calle 54 y Perez Ponce, (near WalMart) (Emergency room and Hospital)

Star Medica (Hospital)- Calle 26 #199 x 15 Fracc. Altabrisa - 930-2880 ext. 5

Ambulances

Red Cross (Cruz Roja) Free Ambulance - 065 or 924-9813 (they accept donations)

Alfa Ambulance Service (serves Star Medica) - 924-1322

Sami Ambulance Service (serves Star Medica) - 925-4048

Taxis

EconoTaxi: 945 00 00

Taxi Santa Ana: 928-5600

TaxiMetro: 922-7575



ARCHITECTS

Mario Heredia

Mario Heredia Architects
(999) 927-8307 (Merida)
Design and Construction, Renovations +
New Residential, Commercial



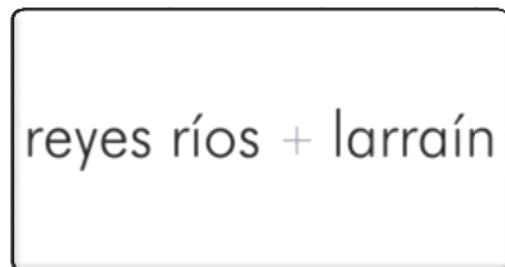
Website:

www.yucatanliving.com/sponsors/architect-mario-heredia.htm

Editor's Introduction: Mario Heredia is a local architect who was born in Merida, Yucatan and studied architecture at FUAUDY, the Yucatan's prestigious school of architecture. Mario has extensive experience, both in Yucatan and in Quintana Roo and he often serves as the general contractor to build his designs. He was one of the architects for the Clinica Merida building, has designed many commercial and residential buildings in Merida and for the last few years, has been developing a specialty of highly ecofriendly designs and construction of beachfront homes. Most of his residential beach homes can be seen in the small coastal town of Sisal, Yucatan.

Salvador Reyes & Josefina Larrain

Reyes Larrain
(999) 923-5808
Email: info@reyesrioslarrain.com
Website: www.reyesrioslarrain.com



Editor's Introduction: The husband and wife team of Salvador Reyes Rios and Josefina Larrain got started in the Yucatan by renovating, decorating and landscaping some of the area's largest and most magnificent haciendas. In the process of transforming these into luxurious hotels and private homes, they learned all the best practices of working with traditional time-tested materials for both traditional and modern designs. The firm has a wide range of skills and experiences in their portfolio, including the design, renovation and construction of multiple haciendas,



the luxury hotel Rosas & Xocolate, various colonial and modern houses in Merida Centro and private residences throughout Mexico.

Mercedes Sanchez & Alvaro Cervera

Cervera Sanchez Arquitectos
(044 999) 958-0961 (cel)
Design and Construction, Renovations + New Residential
Website: <http://www.architectsinyucatan.com>



Michael Reper

(999)926-9080
Website: www.michaelreper.com
Interior Design



Editor's Introduction: The combined team of Mercedes Sanchez, Alvaro Cervera and Michael Reper is a perfect combination of intelligence, experience and style... everything you need for a successful construction or design project in the Yucatan! Mercedes and Alvaro are both graduates of UADY's School of Architecture, with additional years of working in the local area. Their knowledge of local practices, their connections with local businesspeople and their experience with local materials and climates is invaluable when building or renovating a home here. Michael Reper brings a refreshing design sensibility from his years of experience in the United States as an interior designer. The combination of these three skilled people, who have completed multiple projects together, is a proven formula for success.

Armando Torre Puerto

Architect
(999) 121-3231
Email: a@torrearq.com
Website: www.torrearq.com



Editor's Introduction: Armando is a graduate of the School of Architecture of the Marist University of Merida and a former member of the Art Students League of New York. He worked two years with WKT (2003 - 2005) supervising building work and three years with Carrillo Arquitectos (2006 - 2008) doing architectural design. His services include all the stages of construction project management: architectural design, remodeling, general contracting, wiring, plumbing, restoration and building maintenance works.



Alvaro Ponce
Yucatan Sol & Ponce Arquitectos
Speaks English
(999) 943-3075
Design, Renovations and New
Construction by MIGA

Arturo Campos
Campos Architects
(999)926-9080
Renovation and New

Estilo Yucatan
Victor Cruz
(999) 738-9089
Design and Construction, Renovations and New

Henry Ponce
(999) 926-0018
Design and Construction, Renovations and New

Manuel J. Kuk Padilla
(044-999) 958-0034
General Contractor, Construction and Remodeling

Mayan DBN (Carlos de la Barrera)
(999) 924-9825
Architect, Renovations and Beach
Construction



Mario H. Justiniano
(999) 987-6027
General Contractor, Construction and Remodeling

Miguel Rojas
(044 999) 101-0060
Design and Construction, Renovations and New

Ruben Portela Rodriguez
Ambientes Diseño Arquitectónico



(999) 928-7488
Design and Construction, Renovations and New

CHURCHES AND RELIGIOUS ORGANIZATIONS

According to the 2000 census, 75% of the population of Merida is Roman Catholic; 7% are Protestant.

Catholic

Most downtown old churches:

Mejorada, Calle 50 at Calle 59, Centro
San Cristóbal, Calle 50 at Calle 65, Centro
San Sebastián, Calle 70 at Calle 75, Centro
Cathedral, Calle 60 at Calle 61, Centro
Santa Ana, Calle 60 at Calle 45, Centro
Santa Lucia, Calle 60 at Calle 55, Centro
La Ermita, Calle 66 at Calle 77, Centro
San Juan, Calle 64 at Calle 69, Centro

Others:

Itzimná, Colonia Itzimná
San José

Baptist

Baptist Church "El Mesías"
Calle 28 x 16 Colonia Morelos Oriente

Baptist Church Berea
Calle 35 Diag. No. 361 X 46 y 48. Centro

Baptist Church Jesucristo es El Señor
Calle 22 x 29 y 31, No. 108 Dptos. 2 y 3. Colonia México

First Baptist Church
Calle 62 No. 538 x 67 y 69 Centro



Jehovah's Witnesses

Jehovah's Witnesses arrived in Progreso in 1952, originally from the United States and central Mexico. The congregation now has at least 17,000 members, about 6000 of who speak Mayan.

Salón del Reino de los Testigos de Jehová
Calle 90 # 482-B x Avenida Jacinto Canek x 47. Colonia Inalámbrica.

Methodist

La Rosa de Saron
Calle 62 No. 300-F x 35. Merida Centro
Phone: (999) 912-27-91

Christian

Christian Church "Emmanuel"
Calle 112 No. 425-A x 59-H. Colonia Bojorquez

Christian Community "Príncipe de Paz"
Avenida Itzáes por 71 y 73. Centro

Centro de Fe "Sinai"
Calle 66b #889 por 109-D Colonia Obrera

Centro Cristiano "La Nueva Jerusalén"
Calle 20 No 106 x 23 y 25 Colonia Chuburná

Church of Jesus Christ of Latter-day Saints

Calle 45 # 527, Merida Centro.
Phone: (999) 92415-81

Presbyterian

Shalom
Calle 26 No. 215 x 27 Colonia Garcia Gineres, Merida

El Verbo de Dios
Calle 20 entre 21 y 19 Colonia Chuburna, Merida

El Divino Salvador
Calle 66 No. 520 x 63, Merida Centro



Antioquia
Calle 74 No. 468, Merida Centro

Episcopal

Saint Mark's Anglican Church (English spoken)
Serving Mérida, Progreso, & Northern Yucatan
Calle 21 No. 116 (between Calles 58 & 60) Progreso, Yucatán
Phone: (01-998) 845-36-24
Cancun Cellular: (044 - 998) 845-36-24
Contact Rev. John E Hayes at:
johnehayes@intercable.net
<http://www.progreso-church.org>

Other

Adonai de Mexico
Calle 35 Diag No. 361 X 46 y 48 Colonia Mérida

Calvary Chapel
Calle 27 No. 363 Colonia Vicente Chuburná
Phone: (999) 912-27-91

Iglesia de Dios en México
Calle 38 No. 464 Colonia Jesús Carranza
Phone: (999) 926-07-91

El Nazareno
Calle 57 No. 380 x 34 y 36 centro



COOKING CLASSES

Chef Internacional
Calle 24 # 210-B Circuito Colonias, Col. Mexico Oriente.
Tel: 938-00-18

Colegio Gastronómico del Sureste
Av. Camara de Comercio (C. 49 # 303 x 46 y 48) Frac. Villas la Hacienda

Culinaria del Sureste
Calle 19 #34 x 1-H Fracc. Montecristo C.P. 97133
Tel: (999)948.26.81

Los Dos Cooking School (classes in English)
Calle 68 # 517 x 65 y 67

MexicaChica (classes in English as part of tour)
In Merida: 999-901-5430

CUSTOMS AGENTS & MOVING SERVICES

Linea Peninsular Shipping
Calle 25 #151-A x 80 y 82, Col. Centro
Progreso, Yucatan
Tel: 969-935-5520
Email: neydyv@lineaships.com
Website: www.lineaships.com



Agencia Aduanal del Valle Sureste
Termina de Carga Aérea Edificio "A" Local
5
Merida, Yucatan C.P. 97259
Tel: 969-930-1760
Email: jorgeb@aadvalle.com.mx
Website: www.aduanalvalle.mx





DENTISTS

Dr. Javier Cámara Patrón
Telephone: 999-925-3399
Address: Calle 17 #170 x 8 y 10, Col. Garcia Ginerés
English-speaking receptionist: Sometimes. If not, ask for one & they'll get her.
English-speaking dentist: Yes
Emergency services: Yes
Specialty: Rehabilitation and orthodontia

Dr. Jesús Manuel Sanchez Ruz
Telephone: 999-924-9895
Address: Calle 53 #518-B x 64 y 66, Centro
English-speaking receptionist: Yes
English-speaking dentist: Yes
Emergency services: No
Specialty: Rehabilitation and orthodontia

Dr. Diana Navarro Zapata
Website: www.meridadentist.com
Telephone: 999-924-9895
Address: 508 Calle 15 #491 x 22, Fracc. Altabrisa
1000enium
English-speaking receptionist: Yes
English-speaking dentist: Yes
Emergency services: No
Specialty: Restorative Dentistry

Dr. Felipe Mena
Telephone: 999-925-3606 or 3707
Address: Avenida Itzaes # 258-A x 29 y 31
English-speaking receptionist: No
English-speaking dentist: Yes
Emergency services: No
Specialty: General





Dr. Cecelia Vazquez

Website:

www.yucatanliving.com/sponsors/doctora-cecilia-vazquez.htm

Telephone: 999-121-6934

Email: cvn25@hotmail.com

Address: Calle 19 #115 x Prolongacion Montejo

English-speaking receptionist: No

English-speaking dentist: Yes

Emergency services: No

Specialty: Restorative Dentistry



Dr. Rodrigo Flores Flores

Telephone: 999-943-6010

Address: Piso 7, Consultorio 720

Star Medica Hospital

English-speaking receptionist: No

English-speaking dentist: Yes

Specialty: Oral Surgery & Dental Implants

FURNITURE

Yucatan Custom Furniture

Custom built furniture made locally

Phone: 999-286-3427

or (cel) 999-105-2859

Website: www.yucatancustomfurniture.com

Colomer (Modern designs, locally produced)

Calle 20 #99 x 19 y 21, Col. Itzimná

Phone: 999-926-9977

Gringo Furniture (Delivered furniture purchased from the web)

www.gringofurniture.com

Marbol (locally manufactured, modern designs)

Phone: 999-948-3048





Nasström (modern designs by local IKEA manufacturer)
Calle 31 #104 x 20 y 24, Col. Mexico
Phone: 999-927-2354

Triunfo (Wacky, wonderful and weird)
Paseo Montejo at Calle 39

Luna del Oriente (antique Asian imports)
Calle 65 # 541A x 66 y 68
Phone:(044) 999-247-2953

Tropical Cocoon (Mexican-manufactured and designed)
www.tropicalcocoon.com

GROCERY SHOPPING

Bodega Aurrera
Avenida Itzaés x Calle 90, also in Progreso on Calle 78 downtown

Chedraui
Paseo de Montejo by Monumento a la Bandera; Ave. Itzaes; Plaza las Américas and Norte (across from Gran Plaza)

Costco
Calle 60 north of Circuito Colonias

ISSTEY
Calle 60 by 49 and 51

Mega & Comercial Mexicana
North Calle 60 and Circuito Colonias, and Gran Plaza

Mercado Grande (traditional market)
Calle 56 at 65 Downtown



Neighborhood markets:

Santa Ana (Calle 60 and 47)
Santiago (Calle 72 and 59)
San Sebastian (Calle 70 and 77)
Saturdays A.M. ONLY: SLOW Food Market (organic, locally grown fruit, vegetables and flowers, fresh bread and more) Located at Calle 31 at Calle 12, Col. Chuburná. Phone: 195-6413

Sam's Club
Prolongación Montejo by La Gran Plaza

Superama (owned by WalMart)
Prolongación Montejo going north, before the Club Campestre

Tendejones
Find one near to your house, they're everywhere!

WalMart
Paseo de Montejo y Avenida Colón and in front of Plaza Dorada. (and other locations)



IMMIGRATION

Yucatan Expatriate Services

Calle 25 x 28 y 30, Col. García Ginerés.

Phone: (999)-927-2437

Website: www.yucatanyes.com



Mexican Immigration Office (INM)
Av. Colón at calle 8. Colonia García Ginerés

INSURANCE

CARSA

Ricardo Castilla Sosa

Tel: 944-4999

Website: www.seguros fianzas.com/



Editor's Introduction: Ricardo Castilla represents two generations of family members who work at his firm, CARSA, providing insurance services to individuals and businesses in Merida and around the state of Yucatan. Ricardo combines his extensive knowledge of how insurance works in Mexico with his English-speaking skills and his familiarity with American and Canadian cultures to provide personalized services to his English-speaking clients. Ricardo can provide insurance for homes, businesses, individual lives, executives, automobiles, health insurance and dental insurance.

ING Insurance

Roxana Peniche

Calle 21 No. 117-D x 24 y 24-A

Tel: 926.33.43/Fax 927.69.51

Cel: 044 99 91 295902

Expat Global Medical (specific health insurance for American expats)

John McGee

336-998-9583 Telephone

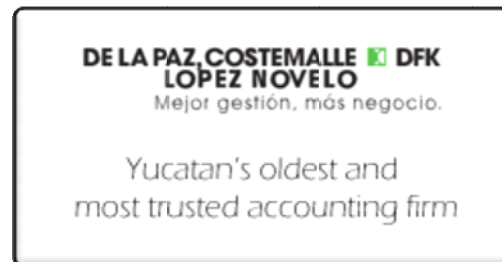


336-998-5493 Fax
336-408-9804 Cel

LEGAL & FINANCE

DFK Lopez Novelo y Asociados
(Accounting)
Fernando Lopez, Partner and
Accountant

Calle 27 # 55 x 10 y 12 Col. México
Phone: (999) 927-0142
Website: www.lopeznovelo.com



Editor's Introduction: Fernando Lopez is the third generation of his family to head up the oldest accounting firm in Merida. Fernando's grandfather studied in Mexico City and brought formal accounting practices to Merida in the early 20th Century. He also founded the Merida Accounting Association and the Accounting School at UADY, the state university. Fernando's father expanded the firm, first as an affiliate of Ernst & Young, and then as an independent member of the DFK Global Network. Fernando has continued the tradition of expansion and improvement by merging with De La Paz, Costemalle, making Lopez Novelo a part of one of the ten largest accounting firms in Mexico.

Puerto y Pino Abogados
Ignacio Puerto, Partner and Lawyer
Calle 25 # 159 X 28 Y 30
Phone: (999)923-3050
Website: www.puertoypino.com



Editor's Introduction: After graduating from Yale University, Ignacio Puerto worked for a number of years in New York City before returning to his home state of Yucatan to establish the legal firm of Puerto y Pino. Along with his partner, Raúl Pino Navarette, a distinguished Merida notario, Ignacio has grown his firm into a multi-associate office of experienced lawyers with varying areas of expertise. Years of servicing the needs of multinational corporations with businesses in Mexico, as well as years of public service on the state and local level, have given Puerto y Pino the knowledge and associations needed to support their corporate and personal clients in their business endeavors.



Yucatan Expatriate Services

Calle 25 x 28 y 30, Col. García Ginerés.

Phone: (999)-927-2437

Website: www.yucatanyes.com

Abog. Alvaro Baqueiro Rodríguez & Enna Baqueiro Rodriguez

Calle 16 # 110, Colonia México

Tel: (999) 926- 66 -68

Lic. Fernando Castilla Patron

Calle 62 #298F, Col. Centro

Tel: (999)925.5733

Ivette Perez (MONEX for money transfer)

Calle 1-B No. 286 X 40 Campestre

Tel: (999) 942-88-80 Ext. 113

Yucatan Lawyers

Calle 33-A (Av. Colón) #501-C x 60 & 62

Suite A-101 Edificio Plaza Colón

Tel: (999) 920-5499

MASSAGES & PERSONAL TRAINING

Lane Gallagher

Services: Massage

Email: islalane@hotmail.com

Telephone: (999) 928-2027

Philip Geerts

Services: Personal Trainer

Email: phil.geerts@yahoo.com

Telephone: 044 (999) 151-9734 (cel)



MEDICAL (HOSPITALS, LABS, CLINICS)

Biomedicos de Mérida

Services: 12 branches around Merida (one in Progreso) that provide clinical test services. Make house calls.
Phone: 925-2178, 920-8515



Editor's Introduction: Biomedicos is the best known and most trusted chain of medical laboratories in Merida. With twelve offices in the city, including one in Progreso, Biomedicos is able to provide quick, reliable and personal service for all your medical laboratory needs. English speaking operators and in-home service providers are available.

Healthstar Medical Tourism

Services: Medical Tourism Services
Website:
www.healthstarmedicaltourism.com
Telephone: 1 (800) 801-5039 (Toll Free USA and Canada)



Editor's Introduction: Healthstar Medical Tourism prides itself on having the best relationships with the best doctors in Merida. English-speaking, internationally-trained doctors, surgeons and specialists are made available for quotations, consultations and medical services. Healthstar provides excellent concierge service from beginning to end, from your free quote to your recovery. Services provided include cosmetic surgery, bariatric surgery, knee and hip replacements and CCSVI Liberation Treatment for those suffering from MS.

Medical Specialities Center (CEM)

Services: Emergency room, Hospital, Doctors, Pharmacy.
Address: Calle 60 #329 across from Hyatt Hotel
Telephone: (999) 920-4040

Medical Center Las Américas (CMA) (Across from WalMart)

Services: All specialties. Associated with Mercy Hospital, Miami, Florida. Emergency room, Hospital, Doctors, Pharmacy.
Address: Calle 54 # 365, Centro



Telephone: (999) 926-4716 / 926-4710

Pensiones Medical Center (IMSS)

Services: Emergency room, Hospital, Doctors, Pharmacy.

Address: Avenida 7 #215-A, Colonia Pensiones

Telephone: (52-999) 925-8108

Chiropractor – Dr. Danny Martin Degraff

Services: Chiropractic, Nutrition

Address: Calle 52 # 379 X 33-A Y Av. Perez

Tel: 999-926-4545

Pediatric Clinic

Services: Consultation

Address: Calle 57 #474-C, Centro

Telephone: (999) 924-9133 / 923-0738

Clinica Merida

Services: Emergency room, Hospital, Doctors, Pharmacy

Address: Avenida Itzaes #242, Colonia García Gineres, Mérida.

Telephone: (999) 925-7398 / 925-4308

María José Clinic for mothers and babies

Services: small clinic for baby delivery

Address: Calle 53 #484, Centro

Telephone: (999) 928-5325

Santa María Clinic

Services: Small clinic, Consultation, Emergency room,

Address: Calle 69 #430, Centro

Telephone: (999) 924-2624

Clínica Yucatán

Services: Small clinic, Emergency room

Address: Calle 66 # 528, Centro

Telephone: (999) 924-9391

Mexican Red Cross (*Cruz Roja*)

Services: Emergencies and ambulance

Address: Calle 68 #533, Centro

Telephone: (999) 924-9813 / 928-5391



OB/GYN
Dr. Gabriel Sanchez Buenfil
Office at C.E.M. 920-4040 ext. 342
Cellular 999-949-6113

Ortopedia del Sureste (999-927-7428)

X Rays in your home (999-943-3036)

Blood test in your home
Jose Alberto Ordoñez (044-9999-924579)

PHARMACIES

Farmacias Comercio
Circuito Colonias # 230-B x 9, Garcia Ginerés
Tel: (999) 925-7021/920-0095 (Home delivery available)
Calle 69 x 48, San Cristobal
Telephone:(999)-923-3599 (Home delivery available)

Farmacias YZA
Home delivery (999) 926-6666
Progreso: (969) 935-0684
www.farmaciasyza.com
24 hour service

Farmacias Fama
Home delivery (999) 944-8888

Farmacias Canto
Home delivery (999) 948-1818/924-1490
Progreso: (969) 924-1490
Website: www.farmaciascanto.com
24 hour service

Farmacias Bazar
Home delivery (999) 944-8351/925-0246
Progreso: (969) 935-3006
24 hour service

Farmacias Del Ahorro
Home delivery (999) 928-6688



Website: www.fahorro.com.mx

24 hour service

Farmacias Dermatológicas

Home delivery (999) 948-4265

Website: www.pielperfecta.com.mx

Farmacias Homeopáticas Hernandez

Telephone: (999) 928-5327, 925-7444, 926-9504

Farmacia Homeopática Espinosa

Telephone: (999) 926-9980

POST OFFICES

FEDEX

Phone: 01-800-900-1100

Pegaso Express

Fiesta Americana

Phone: 925-1660

Mexican Postal Service

Santiago: Avenida Reforma x 37

Itzimná: By the park

Centro: Calle 53 x Calle 52 y 54

PROPERTY MANAGEMENT

Yucatan Expatriate Services

Address: Calle 25 #157 x 28 y 30, Garcia Gineres

Phone: 999-927-2437

E-mail: info@yucatanyes.com

Website: www.yucatanyes.com

Andrea Traconis

Phone: +52-999-285-1439

Cel: (044)-999-163-3426



Yucatan Property Management
Ruben Ballote
Cel: (044)999-143-68-00

Ivonne Trujillo
Cel: (044) 999-994-7344

Yucatan Best Living
Cel: (044) 999-146-5991, 988-5056



REAL ESTATE OFFICES

Mexico International

Phone: (999) 920-6856

Address: Calle 29 #80 x 12 y 10, Col. Mexico

Website: www.mexintl.com



Editor's Introduction: Founded by Mitch Keenan as the first American-owned real estate agency in the Yucatan, Mexico International has become the leading real estate agency in the area, headed up by trained, licensed real estate agents and brokers. Mexico International is a team of multilingual real estate, architecture, legal, construction, relocation, property rental and property management professionals who observe U.S. standard professional business practices and are dedicated to the success of their clients.

Buena Vida Realtors

Calle 51 #490 Merida Centro

Phone: (999) 924-4288, (999) 928-8809

Quality Bienes Raíces

C. 27 # 93 Local 1y2 x 18. Col. México.

Phone: (999) 926-0777

Merida Homes

C. 66 #453 at Calle 53, Centro

Phone: (999) 928-9009, (999) 129-3815

Real Estate Yucatan

Phone: (999) 938-0689

Tierra Yucatan

C. 66 # 417 B x 49 y 47 A. centro.

Phone: (999) 923-7615

Yucatan Best Living

Cel: (044) 999-146-5991, 988-5056



Yucatan Premiere
Phone: +52-999-305-3479

Yucatan Real Estate Paradise
Phone: +52 (999) 920-5499

RESTAURANTS



Yucatan Living: Merida Restaurant Listings

Website: www.yucatanliving.com/category/merida-restaurants.

A comprehensive list of local restaurants, with hours, addresses, phone numbers, directions from the Centro and reviews.



SCHOOLS

American School

Phone: +52-999-941-9371

Location: North Merida just off the road to Progreso

Address: Calle 3B #244 x 20 y 18, Colonia Xcumpich C.P. 97204

English Speaking Contact: According to Sra. López, there is always someone around who speaks English who can come to the phone. There is also someone who speaks some French and German.

Levels: Kinder and Primaria

Centro Educativo Palmerston

Phone: +52-999-944-5457

Location: Buenavista (across from Rogers Hall - see above)

Address: Calle 21 #144

English Speaking Contact: Victor Avila (administrator)

Levels: Kinder, Primaria

Centro Educativo Renacimiento (CER)

Phone: +52-944-4808

Location: North Merida

Address: Calle 33 #468 x 10 y 14, Fraccionamiento Montebello

English Speaking Contact: Rosalinda Gonzales is the secretary, and she does NOT speak English. María Teresa García is the English coordinator and can come to the phone to speak with you.

Levels: Primaria, Secundaria and Preparatoria

Website: www.cerenacimiento.edu.mx

Colegio Iberoamericano de Merida, A.C.

Phone: +52-925-2712 and 925-3112

Location: García Gineres

Address: Avenida Colón #196-A x 12 y 14, Merida

English Speaking Contact: None

Levels: Kinder, Primaria

Website: www.iberomerida.com



Colegio Iberoamericanode Merida, A.C.
Phone: +52-999-911-0101
Location: Periferico
Address: Avenida Colón #196-A x 12 y 14, Merida
English Speaking Contact: None
Levels: Secundaria, Preparatoria
Website: www.iberomerida.com

Colegio Peninsular Roger's Hall
Phone: +52-999-944-5364
Location: Colonia Buenavista
Address: Calle 21 #131 (just down the street from Office Depot)
English-speaking Contact: Pilar Gutierrez phone 944-5434 x 107
Levels: Kinder, Primaria, Secundaria, Preparatoria

Educrea
Phone: +52-999-925-7931
Location: Garcia Gineres
Address: Calle 23 #209 x 30 y Avenida Itzaes
English Speaking Contact: Carlos Monforte, who speaks some English. Better to ask for Rebecca Góngora who is the English coordinator.
Levels: Kinder, Primaria, Secundaria, Preparatoria
Website: www.educrea.com.mx

Escuela Modelo
Phone: +52-927-9833 and 927-9944
Location: Centro
Address: Calle 56A #444, Paseo de Montejo
English Speaking Contact: Marisol Bolio Perez, Director of English, after 3 pm
Levels: Primaria, Secundaria and Preparatoria
Website: www.modelo.edu.mx

Instituto Cumbres (Boys)
Phone: +52-999-944-4090
Location: Fraccionamiento Montecristo (North Merida)
Address: Calle 5 x 18 S/N ("S/N" means "without a number") Glorieta Cumbres
English Speaking Contact: None
Levels: Primaria, Secundaria, Preparatoria



Instituto Godwin (Girls)
Phone: +52-999-948-0096
Location: Fraccionamiento Montecristo (North Merida)
Address: Calle 5 x 18 S/N ("S/N" means "without a number") Glorieta Cumbres
English Speaking Contact: None
Levels: Primaria, Secundaria, Preparatoria

Instituto Gardner
Phone: +52-999-944-1881
Location: North Merida
Address: Avenida Villas La Hacienda #348 x Prolong. Montejo
English Speaking Contact: Dr. Carlos Nuñez Armesto speaks English, and all the teachers speak English as well.
Levels: Kinder

The Workshop
Phone: +52-999-941-8900 Workshop Merida
Location: Col. Ampliacion Revolucion (East of the Carretera to Progreso, north of the Periferico)
Address: Calle 46 # 317 x 19 y 17
Levels: Preschool and Elementary (Primaria)
School year: September through June
50% of all teaching time in Kinder and Primaria is in English, 50% in Spanish. Each group has 10-12 students with one teacher for English, one for Spanish. English program includes writing, speaking, reading and art.
Website: www.workshop.edu.mx

Instituto Moderno Americano (IMA)
Phone: +52-999-943-0511, 943-5629
Location: San Pedro Cholul
Address: Calle 28 #202A x 23B y 25
English Speaking Contact: Sandra Padilla
Levels: Preschool thru Secundaria, (Preparatoria & Universidad is CELA)
Website: www.ima.cela.edu.mx

MJ - International
Phone: +52-999-984-3939
Location: La Ermita in Centro
Address: Calle 66 #618-C x 77 y 79
Principal: Maria Eugenia Limon
English Speaking Contact: Maria Eugenia Limon (speaks English)
Levels: Kinder, Primaria



Saint Patrick's
Phone: +52-999-948-0985
Location: Colonia Mexico
Address: Calle 31 #144
English Speaking Contact: Cindy Rey, English coordinator. Also, Emmy Dennis speaks some English as well.
Levels: Kinder

Piaget
Centro Educativo Piaget, A.C.
Calle 33 No. 140 x 20 y 22, Chuburná.
English speaking contact: Martise Brown Spradlin
Levels: Kinder, Primaria, Secundaria and Preparatoria

SPANISH CLASSES

Alianza Francesa
Phone: +52-999-927-2403
Website: none
Contact: Diana Castillo
Address: Calle 23 #117 x 24, Colonia México
Languages taught: Spanish, French

Benjamin Franklin Institute
Phone: +52-999-928-6005
Contact: Rosy Cetina
Address: Calle 57 #474-A x 52 y 54, Centro
Languages taught: Spanish, English

CIS - Centro de Idiomas Sureste
Phone: +52-999-923-0954 (Centro), 926-9494 (Norte), 920-2810 (García Ginéres)
Contact: Chloe Pacheco or Jose Luis Lopez Espinosa (Spanish Program Coordinator)
Address: Calle 52 #455 x 49 y 51 (Centro), Calle 11 #203-C x 26, Col. García Ginéres, and Calle 14 #106 x 25, Col. Mexico
Languages taught: Spanish, English, French, Italian, German, Japanese

ECORA – Language Institute and Cultural Center
Phone: +52-999-953-4974
Address: Calle 50 #361 x 53-B y 53-F, Francisco de Montejo
Contact: Susanna Villanueva



Habla! The Center for Language and Culture
Address: Calle 26 No. 99 B x 19 y 21, Col. México
Telephone: (999) 948 1872

Instituto de Lengua y Cultura de Yucatan
Phone: +52-999-125-3048
Contact: Cecilia Novelo
Address: Calle 13 No. 214 x 28 y 30, Col. Garcia Gineres
Languages taught: Spanish

Institute of Modern Spanish
Phone: +52-999-911-0790 or toll-free 1-800-4MERIDA
Contact: Miguel Ceron, Director. Our contact was Janese Ott.
Address: Calle 15 #520B x 16A y 18, Col. Maya
Languages taught: Spanish

Lengua Alternativa
Phone: +52-999-943-9181
Address: Calle 37 No. 539 x 72a y 74, Col. García Ginéres
Languages taught: Spanish

MJ International
Phone: +52-999-925-4692
Contact: Gabriela Bojorquez
Address: Calle 13 #214 x 28 y 30, Col. García Ginéres
Languages taught: Spanish

UNAM
Centro Peninsular de Ciencias Sociales y Humanidades
de la UNAM en Mérida
Address: Calle 43 s/n X 44 y 46, Ex Sanatorio Rendón Peniche, Col. Industrial
Telephone: 01 (999)922-8446, 47 or 48 Ext. 115



SPANISH LANGUAGE TUTORS

Monica Tort
Phone: (999)-921-5230
Languages taught: Spanish

Rafael Curiel
Phone: 044-999-129-4017 (cel)
10 years experience teaching Spanish and English.

Ricardo Alfonso
Phone: 044-999-228-7310 (cel)
Masters Degree in Education.

Zulai Marcela Fuentes
Phone: (999) 212-1235, 044 999-264-6765 (cel)
Published writer and poet with over 35 years translation experience for publishing houses in Mexico City. Speaks Spanish, English and French fluently.

SPORTS FACILITIES

Yucatan Country Club
Tel: 999-800-4000
Tel: 01-800-4653-982
Website: www.yucatancountry.com
Email: jcmartinez@yucatangolf.com

Editor's Introduction: The Yucatan Residential and Golf Club is located north of the city of Merida, in the more temperate climate zone on the way to Progreso and the Yucatan Gulf Coast. This multi-faceted development has something for everyone: a Jack Nicklaus golf course, various sports academies, including the Mark Spitz Swim School, the Jack Nicklaus Golf Academy, as well as instruction in tennis, soccer and equestrian sports. The residential opportunities range from luxury apartment living in the Anthea section, luxury villas, lakeside properties and large premium residential lots.





Salvador Alvarado Sports Center
Calle 60, four blocks north of the Hotel Zone
Open air sports center, from 5 AM to approx. 10 PM

Kukulcan Sports Center
Calle 6 x Circuito Colonias No. 315, Unidad Morelos
Tel: 940-0306 y 940-0676

Complejo Olímpico Inalámbrica
Calle 45 s/n x 90, col. Inalámbrica
Tel: 920-0043

TECHNICAL SUPPORT AND COMPUTER SERVICES

Eclectec SA de CV

Editor's Introduction: The Eclectec team has a team of professionals dedicated to website design & production, graphic design, photography, videography and internet marketing. The principals, Ellen and James Fields, bring over 25 years each of individual experience in software development,

recruiting, marketing, production, manufacturing and sales to assist their clients in achieving their business goals. In addition to the traditional work of creating business-to-consumer and business-to-business websites, Eclectec specializes in cross-cultural marketing and consulting, bridging the gap between the businesses providing services in Mexico and English-speaking consumers in Yucatan and around the world.

Calle 81 #522 x 70 y 72, Col. Centro

Tel: 999-176-6176

Website: www.electech.com



Comaid

José I. Díaz Centeno

Phone: 044-999 2162901

Grupo Megaptera

Ing. David Gomez

Phone: 928-4653 and 919-6188



VETERINARIANS AND ANIMAL SHELTERS

AFAD (Albergue Franciscano del Animal Desprotegido) (Dog and Cat Shelter)
Director: Lidia Saleh (she speaks some English)
Phone: 920-5019. Cel: 044-999-947-6319.
Location: Just off the Periferico on the road to Cholul, on the left hand side.
Website: www.afad.org.mx

Evolución, Albergue y Santuario (Shelter and Sanctuary)(ask for Jill, who speaks English)
Email: snjbenson@yahoo.com
Website: <http://evolucion69.spaces.live.com>
Phone: 044-9991-43-47-11

Asociación por Los Derechos de los Animales en Yucatán (ADAY)(Dog and Cat Shelter)
Phone: 999-920-7501
Cel: 044-999-958-0583

Dra. Beatriz Carvajal Garcia (Vet in Progreso)
Location: Calle 29 # 98B between 66 & 68, Progreso
Phone: 935-0775

Perrera Municipal (City Dog Pound... Look here for your lost dog)
Location: Periferico at 34.5 KM Poniente
Phone: 911-0250

Pets and Company
Location: Calle 17 #222, Depto 2 x 20-C
Col. Jardines del Norte near the Periferico
Sandra (for cats and dogs) and Jose (for horses)
Jose speaks English
Pets and Company carries Science Diet and Royal Canin food
Phone: 999-943-7787
Emergencies: 044-999-900-9445

Planned Pethood
Location: Calle 10 #344 x 3 y 3C
Colonia Gonzalo Guerrero, near Sam's Club
Nelson and Tony (both speak English)
Phone: (999) 944 23 10
Emergencies: (999)156 98 06



Protección de Perros y Gatos A.C
Apartado Postal No. 30 c.p 97320 Progreso, Yucatán.
Phone: 969 935 55 84

24-Hour Vets

Tony or Nelson - 044-999-156-9806 (both speak English)
Jose or Sandra - 044-999-900-9445 (Jose speaks English, Sandra understands English)



VOLUNTEERING OPPORTUNITIES

AFAD: Dog rescue
Contact: Lidia Saleh (she speaks some English)
Phone: 920-5019
Cel: 044-999-947-6319
Location: Just off the Periferico on the road to Cholul, on the left hand side

Merida English Library: Library Services
Website: www.meridaenglishlibrary.com
Calle 53 # 524 x 66 y 68
Phone: 924-8401

Niños y Crías: Flamingo Banding, Education
Calle 33 D # 503 x 6 y 72 Col. Reparto Dolores Patrón
Phone: (999) 925-3947
Website: www.ninosycrias.org.mx

Patronato Peninsular Pro-Niño con Deficiencia Mental (PPPN): Caring for children with mental and physical disabilities
A.C.T.C. 13018 Periférico Entre Carretera Cancun-Kanasin,
Col. San Pablo Oriente, Merida, Yucatán.
Phone: (999) 982-3858 (limited or no English)
Website: www.yucatankids.com

Pronatura: Environmental Activities
Calle 32 No. 269, Col. Pinzón II
Phone: (999) 988-4436
Website: www.pronatura.org.mx

“See Well to Live Better” Clinic of Visual Health
Colonia Fidel Velazquez on Calle 38, about 4 blocks North of Calle 59 in the DIF Yucatán Humberto Lara y Lara facility.
Hours: Monday through Friday, 8:00 am to 3:00 pm.
Article: www.yucatanliving.com/culture/clinic-of-visual-health-merida.htm

For more information, contact the offices of Yucatan Expatriate Services
Phone in Mexico: 999-927-2437
Email: info@yucatanyes.com
Website: www.yucatanyes.com